

EVERYONE IS WELCOME!



ALL CLIENTS MUST BE INCOME QUALIFIED TO RECEIVE SERVICES
ALL SERVICES AT MONUMENT CRISIS CENTER ARE FREE

QUESTIONS: CALL (925) 825-7751 OR
VISIT WWW.MONUMENTCRISISCENTER.ORG

🕒 RESOURCES AVAILABLE
DURING FOOD DISTRIBUTION HOURS



NEW CLIENT INFORMATION

HOW TO GET STARTED

- REGISTER DURING OUR FOOD DISTRIBUTION PROGRAM BEFORE 11:30 AM

WHAT TO BRING




- PHOTO ID FOR ALL ADULTS 18+
- BIRTH CERTIFICATE OR MEDICAL CARD FOR CHILDREN
- PROOF OF ADDRESS
- PROOF OF INCOME



MONUMENT CRISIS CENTER IS A ONE STOP SHOP SERVING LOW INCOME FAMILIES IN CONTRA COSTA COUNTY.
ALL HOUSEHOLDS MUST UPDATE THEIR FILE AND BRING REQUIRED DOCUMENTS ONCE A YEAR IN ORDER TO RECEIVE FULL SERVICES

FOOD DISTRIBUTION PROGRAM

DAYS & HOURS

-  MONDAY 9:00AM TO 12:00NOON
-  TUESDAY 9:00AM TO 12:00NOON
-  WEDNESDAY 9:00AM TO 12:00NOON

AVAILABLE TO PICK UP GROCERIES
ONCE A WEEK

SIX CORE PROGRAMS

- 1 FOOD DISTRIBUTION
- 2 RESOURCE & REFERRAL
- 3 HEALTH & WELLNESS
- 4 YOUTH EDUCATION & EMPOWERMENT
- 5 SENIOR MOMENTS
- 6 COMMUNITY ENGAGEMENT & WORKFORCE DEVELOPMENT